

Self-Reflection Worksheet

Consider these questions from a personal and professional perspective:

What is going well right now?

What are your greatest strengths?

What do you love doing? What are you passionate about?

What are your most critical concerns? What keeps you awake at night?

What are your greatest dreams and opportunities?

Why do you work for this organization? Why do you do the job you do?

How does working for this organization and doing your particular job benefit you?

What will hold you back from learning and developing in this organization?

What do you need to attend to right now?
